

DULBERG, PAUL (id #315684, dob: 03/19/1970)

Encounters and Procedures

Clinical Encounter Summaries

Encounter Date: 11/11/2016 (Last amended by Kathy Kujawa, MD on 11/22/2016 at 2:21pm)

Patient

Name DULBERG, PAUL (46yo, M) ID# 315684 **Appt. Date/Time** 11/11/2016 11:30AM
DOB 03/19/1970 **Service Dept.** ABMG - ALEXIAN NSI EMR
Provider KATHY KUJAWA, MD
Insurance Med Primary: AETNA BETTER HEALTH - FAMILY HEALTH PLAN (MEDICAID HMO)
Insurance # : 921912416
Med Cash: SLIDING FEE SCHEDULE - DISCOUNT
Prescription: CMX - Member is eligible. details

Chief Complaint

Followup: Organic writer's cramp
Followup: Acquired torsion dystonia

HPI

*HPI Text Box

Reported by patient.

Notes:

Here with mother, last seen 8/5/16
He reports cramping of arm is unchanged since last seen, primarily when using his hand.
Pain a bit improved with Neurontin.
Much of our time spend discussing IME requested by lawyers from Dr. Craig Phillips (IBJ) completed in October.

Vitals

Wt: 164 lbs 11/11/2016
11:49 am

Ht: 5 ft 8 in
11/11/2016 11:49
am

BMI: 24.9 11/11/2016
11:49 am

BP: 100/60 sitting L
arm 11/11/2016
11:52 am

Pulse: 70 bpm regular
11/11/2016 11:52
am

RR: 18 11/11/2016
11:52 am

Pain Scale: 0 11/11/2016 11:49
am

Allergies

Reviewed Allergies
NKDA

Medications

Reviewed Medications

alfuzosin ER 10 mg tablet,extended release 24 hr 10/19/16 filled
1 tab daily

gabapentin 300 mg capsule 02/08/16 filled
takes 3 caps in am, noon & 4 caps at hs (up to 10 tabs/day)
Internal Note: (reports difficulty cutting the scored 600 mg tabs)

gabapentin 600 mg tablet 10/19/16 filled
11/2 tabs in am, 11/2 tabs at noon, 2 tabs at hs (900-900-1200=3000mg/day)
Internal Note: (uses 600mg & 300 mg)

naproxen 500 mg tablet 01/07/15 filled
1 tab at 6a & 6p PRN for neck pain

prochlorperazine maleate 10 mg tablet 03/18/15 filled
PRN for migraines

DULBERG, PAUL (id #315684, dob: 03/19/1970)**SUMatriptan 100 mg tablet**

PRN for migraines

07/06/15 filled

Vitamin D3 2,000 unit tablet

2.5 tabs daily

11/06/14 entered

Problems

- Acquired torsion dystonia
- Organic writer's cramp

Family History

Family History not reviewed (last reviewed 09/25/2013)

- Father - Malignant neoplastic disease (died age: 68)
 - pancreatic (previously recorded as Cancer)
- Sister - Malignant neoplastic disease
 - lymphatic cancer (previously recorded as Cancer)

Social History

Social History not reviewed (last reviewed 09/25/2013)

neuro

Smoking Status: Current every day smoker

Smoker () (Notes: <1PPD)

Alcohol intake: (Notes: very rare)

Occupation: graphic design (Notes: last day of work 2 yrs ago)

Marital status: Single

Number of children: 0

ROS

Patient reports **muscle twitching and cramps** but reports no bladder symptoms, no bowel symptoms, no speech disorder, no syncope, no imbalance or falling, no visual loss, no double vision, and no difficulty with gait or walking.

Additionally reports: All other systems reviewed are negative**Physical Exam**

None recorded.

Assessment / Plan

1. post-traumatic spasticity and dystonia of R hand (writer's cramp)(chainsaw accident in 2011)
2. chronic pain syndrome (dysesthesia) in R lower arm from trauma, pain worsens with intermittent R hand dystonia

More than 50% of the 40 minute visit spent counseling the patient on the prognosis of dystonia. The counseling included discussions of the expected natural course, behavior management and support resources.

1. Organic writer's cramp

F48.8: Other specified nonpsychotic mental disorders

2. Acquired torsion dystonia

G24.8: Other dystonia

Discussion**Discussion Notes**

1. will continue to hold on Botox since it did not improve painful spasms (but did weaken hand muscles)
2. continue Neurontin for neuropathic pain (3,000 mg/day)
3. can seek a second opinion/evaluation for post-traumatic dystonia at a tertiary institution (NMH, Rush, U of Chicago) since the lawyer-requested medical evaluation seems to have many orthopedic evaluations, and little input from neurologists that specialize in Movement Disorders (see written instructions given to patient)
3. f/u in 5-6 months

Return to Office

- Kathy Kujawa, MD for FOLLOW UP- 45 MIN at ABMG - ALEXIAN NSI EMR on 02/07/2017 at 10:00 AM
- Kathy Kujawa, MD for FOLLOW UP- 45 MIN at ABMG - ALEXIAN NSI EMR on 05/12/2017 at 10:45 AM

Amendment Sign-Off

Encounter signed-off by Kathy Kujawa, MD, 11/22/2016.

Encounter performed and documented by Kathy Kujawa, MD

DULBERG, PAUL (id #315684, dob: 03/19/1970)

Encounter reviewed & signed by Kathy Kujawa, MD on 11/11/2016 at 5:08pm

Amendment closed by Kathy Kujawa, MD on 11/22/2016 at 2:21pm

DULBERG, PAUL (id #315684, dob: 03/19/1970)

Nov. 11. 2016 6:45PM

No. 8226 P. 23

Dulberg,
Paul
11/11/16

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② no change
to gabapentin
③ see me in
5-6 mo
K. Kujawa

① I have no other suggestions except
going to a big institution for
an evaluation (since I "only
work at little Alexian Brothers")

a) Northwestern Memorial:

DR. Cindy Zadi Koff

OR DR. Tanya Simuni

312-695-1920

b) Rush Medical Center

DR. Katie Kompoti

DR. Cyndi Connell (National expert on)

DR. Jennifer Goldman (dystonia)

312-563-2900

c) Univ of Chicago

DR. Tao Xi 773-702-
3028

DULBERG, PAUL 03/19/70 #315684



* 02302493w380 Single Page E-Progress Note

Encounter Date: 08/05/2016

Patient

Name

DULBERG, PAUL (46yo, M) ID#
315684

Appt. Date/Time 08/05/2016 10:00AM

DOB

03/19/1970

Service Dept. ABMG - ALEXIAN NSI EMR