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## Life Expectancy Calculator

# Retirement & Survivors Benefits

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The following table lists the **average number** of additional years a male born on March 19, 1970, can expect to live when he reaches a specific age.

At Age	Additional Life Expectancy (in years)	Estimated Total Years
46 and 8 months <sup>a</sup>	35.3	82.0
62	22.8	84.8
67 <sup>b</sup>	18.9	85.9
70	16.7	86.7

<sup>a</sup> Your current age.

<sup>b</sup> Your normal (or full) retirement age.

**Note:** The estimates of additional life expectancy:

- do not take into account a wide number of factors such as current health, lifestyle, and family history that could increase or decrease life expectancy.
- are based on
  - the gender and date of birth you entered (your cohort) and
  - information from our cohort life expectancy tables.(Some of the information can be found in the 2016 Trustees Report.)

Estimate as of Thursday December 1, 2016 15:53:45 EST.